

## ECO ADVENTURE TRAIL RUN INDEMNITY FORM

- 1. I understand and accept that all trail runs are undertaken at each participant's own risk.
- 2. I acknowledge that trail running is an adventure sport and involves inherent risks due to the nature of the activity.
- My general health is good and there is nothing that renders me unfit to undertake the abovementioned activity.
- 4. I hereby indemnify, hold harmless, and absolve **Eco Adventure Trail Run** and its employees nd or venue and staff against any claims arising from accidental loss, damage to property, or personal injury during the trail run.
- 5. I also agree that in the event I am injured or my property is damaged I will bring no claim, legal or otherwise, against **Eco Adventure Trail Series** in respect to that injury or damage.
- 6. I agree to **Eco Adventure Trail Series** may take and use any photograph taken during this event and that my personal info may be used for future marketing emails by **Eco Adventure Trail Series** and their partners / sponsors.

Name:	Date of Birth:	Signature:

I acknowledge that I have read and understood this indemnity form.